

CAMPUS & COMMUNITY

Stirring Up Success: A Hands-On Cooking Demo at UWS

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The World Student Association hosted a cooking event, on Nov. 16, at the Pilgrim Lutheran Church, allowing students and staff to try popular cuisines from different countries. They enjoyed dishes from Japan, Ethiopia, Spain, Kyrgyzstan, Nigeria, South Korea, the United States, and Mexico, as well as the Red Cliff Band of Ojibwe.

Oreoluwa Sofolahan, the vice president of WSA, said, “WSA is a student org that is committed to promoting diversity and inclusion on campus and celebrating the diverse areas of cultures, ethnicities, races, you name it, that we have at UW-Superior. So that’s what today is all about, that’s what all cooking demo is about. Just showcasing all the good



World Students Association group photo at University of Wisconsin-Superior. They are enjoying dessert together.
Photo by Maelle Rihouey

The second round was a Spanish omelet made by Jan Caceres Saez and Marcos David Labella Parrilla. Potato Samosas from Kyrgyzstan made by Binazir (Bika) Sherbekova. Oreoluwa Sofolahan, Ester Ipaye, and Chiagoize (Gift) Ucheg-

bu made Pounded Yam and Egusi soup from Nigeria.

The third round featured a wild rice dessert, a traditional dish in Ojibwe culture made by Sami Krisik, and a Snicker Apple Salad from the United States created by Sarah Lane. There was also supposed to be a Tres Leches cake, but instead, Karen Valdez made a horchata (a drink) with the same flavor as the cake.

At the end of the event, they sold a cookbook with the recipes of the dishes served, allowing people to recreate their favorites from the event and raise funds. To learn more about the World Student Association, check out their Facebook page, and be sure to watch out for more events!



World Student Association introducing the cooking demo event and what will be served to guests.
Photo by Hannah Hutton | The Promethean

food we have around the world and sharing it with our friends and our family.”

There were three rounds of two to four dishes. The first round had Japanese Curry made by Hina Matsui and Reina Kitamura. Chechebsa from Ethiopia made by Monet Gelan, and the two South Korean dishes Kimchi Fried Rice made by Seoyeon Jang, Raquel Lee, and Marin Han, and Kimbap made by Miu Kawashima, Hyegyung Han, and Mingyu Kim.



World Student Association smiling and preparing their cultural dishes together.
Photo by Maelle Rihouey

Crafty Creations at UWS: A DIY Bonanza

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Things were getting creative as students let their imaginations run wild during the DIY Craft Bonanza Nov. 20. It was a good place to unwind, relax, and create masterpieces, as well as talk with friends. There were all sorts of crafts available, such as painting on mugs, string art, pipe cleaners, playdough, Perler beads, stickers, and much more! The event was hosted by the Yellowjacket Activities Crew (YAC). They hosted this event to give students a break from their studies.



(Left) Hanna Main and (right) Cadence Robotti with their colorful DIY mugs.
Photo by Hannah Hutton | The Promethean



Natalie Dueffert and her Christmas mug and playdough reindeer.
Photo by Hannah Hutton | The Promethean



Batman mug created by Ripplee Dunlavy.
Photo by Hannah Hutton | The Promethean



University of Wisconsin-Superior students and WSA group members sharing folklore stories.
Photo by Sama (Sky) Abdullayeva | The Promethean

Circle of Stories: A Celebration of Global Myths with WSA

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During November and December, the American holiday season, many share presents, laughter, food, or good tidings. This year, at the UW-Superior, the World Students Association (WSA) presented an International Folklore event on Monday, Nov 25, in the Yellowjacket Union Shippar Atrium. This event aimed to spread folklore from all around the world, inviting any on-campus students to attend.

Sujha Kafati, program coordinator of WSA, said, “This event highlights the diversity on our campus. As the World Student Association, we strive to protect and promote intercultural communication whenever possible. We extend an invitation to every student at UWS to join us with the same enthusiasm. These opportunities help create a community that represents the variety of demographics we have.”

More than 25 students turned out to eat snacks and listen to international folklore. Maelle Rihouey, president of the WSA, said, “We had folklore from different countries: Mexico, Nigeria, France, Ethiopia, Honduras, Japan, and also from the United States/Ojibwe.” Folklore can represent many things, like beliefs, customs, or stories from the community.

Rihouey said, “For most people, it has been taught by their parents to behave well, to explain the creation of the world, to keep children at home at night.

For some stories, it’s just like everybody knows about it without really knowing where it is from, which I feel like is also part of folklore. Many stories have been told from generation to generation.”

There are no comprehensive statistics on the frequency or specific types of folklore told in the United States, but folktales are still a part of elementary learning for some populations.

Kafati shared a folklore story close to the ancient Aztec religion during the event. “I told a classic tale called The Siguanaba. This folklore is heard in many Central American countries, as we share many cultural similarities. The legend has it that a very beautiful woman named Sihuehuet captivated the son of the god Tlaloc, with whom she became pregnant. However, her beauty and arrogance brought her misfortune. Many Honduran folktales revolve around the consequences that love affairs may bring,” said Kafati.

The International Folklore event hosted by the WSA at UWS served as a meaningful platform to celebrate the rich tapestry of global cultures through storytelling. With students from diverse backgrounds coming together to share tales from their homelands, the event encouraged intercultural communication and contributed to a greater understanding and appreciation of folklore as a vital aspect of cultural identity.

By highlighting stories like The Siguanaba and others from various countries, the WSA successfully fostered a sense of community and belonging among students, reinforcing the idea that folklore connects us all, transcending borders and generations. As the holiday season unfolds, such gatherings remind us of the importance of sharing traditions, laughter, and lessons that shape our understanding of the world and each other.



Dillion Krisik on stage at the International Folklore event.
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