

SPORTS

UWS Tennis Teams Fall Short in UMAC Tournament

Isaiah Wiita
iwiita@uwsuper.edu

The University of Wisconsin-Superior men's and women's tennis teams wrapped up their season, with both teams competing for an Upper Midwest Athletic Conference title.

The women's team ended their regular season play with a 10-13 overall record, and a 7-3 conference record, finishing out the regular season in third place in the conference. The UW-Superior women's team played

Minnesota Morris on April 25, in the UMAC women's tennis tournament play-in game. The Yellowjackets lost to the Minnesota Morris 2-5, ending their season in the play-in game.

"We have had so many ups and downs all season so it's hard to pinpoint moments. We've created a growth mindset environment where we appreciate the downs and view them as learning opportunities.

So, we try to not to judge the ups or downs too much and instead work to stay present and grateful," said Ceejay Schaffner, the head coach of UW-Superior's men's and women's tennis teams.

Despite falling short in the play-in game, the Yellowjackets can take

what they have learned from Schaffner and apply a growth mindset for next year's season.

As for the UWS men's tennis team, they finished the regular season with a 23-4 overall record, and a perfect 10-0 conference record.

UWS earned first-place standings in the UMAC regular season earning a spot in the 2023 UMAC men's tennis tournament.

The Yellowjackets played Principia College on April 28, in the semifinals of the UMAC tournament. The Yellowjackets beat Principia College 5-1, advancing them to the championship game.

In the championship game, the Yellowjackets played against Greenville University for the UMAC title.

The Jackets fell short and were defeated 1-5, losing in the championship game against Greenville.

All season long both the men's and the women's team have worked as a team to have an opportunity to compete for a UMAC Championship.

Although, a Yellowjacket tennis athlete that significantly impacted the women's team was freshman Andreina Tejada.

"Andreina Tejada has been a huge help for our team. Her experience playing high level tennis in Ecuador has proven to be essential to our success on court. She went undefeated in conference play which is an incredible feat for a freshman," said Schaffner.

Tejada reflects on her first season as Yellowjacket. "This year taught me the value of teamwork and the necessity of mutual sup-



Game used balls at UMD exhibition game
 Photo by Drew Kerner

port. My mental toughness will get stronger next season," said Tejada. "It is incredible to be part of a sport team. You get to know really nice people there and play the sport you love at the same time. I am grateful for this opportunity."

Tejada won UMAC Player of the Year and UMAC Rookie of the Year. To top that off Tejada earned All-UMAC First Team honors.

Both the men's and the women's UW-Superior tennis teams look to use their growth mindset and continue to get better for next year's tennis season.



UWS tennis sign at indoor match
 Photo by Isaiah Wiita

Olympic Swimmer Amanda Beard Story

Jeffrey McClure
jmccclur5@uwsuper.edu

Student-athletes filed into the Yellowjacket Great Room for an opportunity to learn about the struggles even the highest level of athletes deal with. As a part of the Lydia Thering and Joan Hedrick Lecture Series, University of Wisconsin-Superior invited Olympic swimmer Amanda Beard to campus and opened the doors to the public for the event.

This was the final stop for Beard in Superior after

she visited with the women student-athletes during lunch and answered questions directed by a mental health professional. She also visited some young swimmers at the YMCA and the local high school swim team.

One two-sport UWS athlete, Bryton Kukowski said it's really inspiring to have someone like Beard on the campus to learn from. "Being able to bring in a high-level athlete also allows for more exposure to different perspectives and experi-

ences, broadening our horizons and developing a better understanding of the world outside of UWS," Kukowski said.

Beard started her speech by passing around the Olympic medals she had won in swimming throughout her career. The first was won in 1996 across the country from her home state of California in Atlanta, Ga. This was one of three medals Beard won as a 14-year-old.

See BEARD on Page 5



Amanda Beard Speaking in UWS Great Room A
 Photo by Promethean Staff

UWS UMAC TRACK TOP 5 Finishes

MEN'S- 245.5 Total points. Finish: 1st

100-meter dash-- 2, Will Schorr, So. 11.04.
 3, Ethan Westimayer, Jr. 11.29. 4, Ethan Bowe, Fr. 11.54

200-meter dash-- 1, Ethan Westimayer, Jr. 22.07. 2, Will Schorr, So. 22.30. 4, Steven Pearson Jr. 22.84.

400-meter dash-- I, Iain Matheson, So. 51.20. 3, Ethan Westimayer, Jr. 52.21

800-meter run-- 4, David Collins, So. 2:01.53.
 5, Aidan Doherty, So. 2:02.35

1500-meter run-- 2, David Collins, So. 4:15.45.
 5, Aidan Doherty, So. 4:19.26
 5000-meter run-- 2, Zachary Reese, So.

16:42.03. 3, Kieran Johnson, So. 16:43.01. 5, Michael Butterfield, So. 16:46.56

110-meter hurdles-- 1, Garrett Lynch, So. 15.57.
 2, Earl Foster, So. 15.84

400-meter hurdles-- 1, Earl Foster, So. 57.45

3000-meter steeplechase-- 2, Michael Butterfield, So. 10:38.48.
 4, Kieran Johnson, So. 10:56.38
 High Jump-- 5, Garrett Lynch, So. 1.75m

Pole Vault-- 1, Garrett Lynch, So. 4.32m. 5, Isaac Hanson, Fr. 3.25m

Long Jump-- 1, Garrett Lynch, So. 6.35m. 2, Ben Babcock, Fr. 6.29m. 3, Will Schorr, So. 6.28m
 Triple Jump-- 4, Steven Pearson, Jr. 11.99m

Shot Put-- 2, Nate Ohman, Jr. 13.57m

Hammer Throw-- 1, Nate Ohman, Jr. 47.54m

Discus & Javelin-- No Top Five Finishers

Relay Finishes

4x100, 1st, 43.63.
 4x400, 1st, 3:30.09.
 4x800, 3rd, 8:40.82.

Women's--179 Total points. Finish: 2nd

100-meter dash-- 3, Colleen Claude, Fr., 13.7

200-meter dash-- 2, Colleen Claude, Fr. 26.70. 5, Alexxa DeQuevedo, Jr., 27.34

400-meter dash-- 5, Colleen, Fr., 1:03.55

800-meter run-- 5, Halle Barker, So., 2:30.77

5000-meter run-- 1, Halle Barker, So., 19:21.42

100-meter hurdles-- 2, Alexxa DeQuevedo, Jr., 16.00

400-meter hurdle-- 1, Alexxa DeQuevedo, Jr., 1:11.18

High Jump-- 3, (tie) Myla Volk, Fr. Sidney Bader, Fr., 1.38m

Pole Vault-- 2, Brooke Petrich, Fr. 2.55. 5, Kenzy Kreuzer, So., 2.25m

Long Jump-- 3, Myla Volk, Fr. 4.43m. 5, Alexxa DeQuevedo, Jr., 4.32m

Triple Jump-- 3, Myla Volk, Fr. 9.41m. 4, Catie McPherson, Fr., 9.24m

Discus-- 3, Kasha Hughlett, Jr. 32.12m. 4,

Emma Erickson, So., 31.49m. 5, Hannah Baker, Fr., 31.46m

Hammer Throw-- 1, Kasha Hughlett, Jr. 46.91m

Javelin Throw-- 4, Alexxa DeQuevedo, Jr. 33.26m

1500-meter run, Shot Put, Discus-- No Top Five Finishers

Relay Finishes

4x100, 2nd, 52.92.
 4x400, 5th, 4:36.85
 4x800, 4th, 11:20.63

