

CAMPUS & COMMUNITY

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by UWS Chancellor Renee Wachter, Superior Mayor Jim Paine, the Douglas County Board Chair, the Secretary of Wis. Department of Veteran Affairs, Senator Janet Bewley, and other elected officials.

As one of the keynote speakers, Sen. Bewley spoke and said, “When veterans and their families are thriving, when you can thrive in our communities, [which] means our communities are strong. It is a large and wonderful world that we have here in Wisconsin. Veterans are a part of everything that we do in our lives.”

For more information about becoming involved, contact the UWS VNSC.

Twin Ports Undergraduate Psychology Conference

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Students and professors from the University of Wisconsin-Superior, the University of Minnesota-Duluth, and the College of St. Scholastica gathered at the UWS Yellowjacket Union to attend the Twin Ports Undergraduate Psychology Conference April 15, 2019.

They toured the YU Landing to see the widespread presentations by graduate students and listened to guest speakers explain psychology and its benefits.

UMD psychology professor, Eric Hessler, said, “Psychology projects are done to try to create a solution to a problem

and try to make sure it is interesting for the individuals who are viewing the material. This event helps students present results to other people, not just their classmates and professors.”

The conference presented over 50 information boards, hosted six guest speakers, and had approximately 500 attendees.

Stacey Jackson, a counselor from UW-Eau Claire, spoke about her experience as a counselor and psychologist. Jackson advises organizations that represent students of color and strives to create a better experience for all students. She has started

awareness groups such as women of color processing groups and created the class “Black Psychology.”

During her speech, Jackson spoke directly to the audience when she said, “What is psychology?

What do psychologists do? We find problems and find a solution. It is truly about having knowledge and education on what you are studying.”

UMD graduate student presenter, Madalyn Gardner, shared, “We decided to research the study of effects of meditation on exam performance. We tested this hypothesis on 56 undergraduate stu-

dents from [UMD] and let them use diffusers with pure essential oils while studying. Overall, our results were accurate! Mediation and the use of essential oils are prone to be effective for better test scores.”

In spring 2020, the Twin Ports Undergraduate Psychology Conference is set to be held at UMD.



Stacy Jackson
Photo provided by UW-Eau Claire

OPINION | Student responses on the Crownhart decision

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New changes come with the end of each academic year, living arrangements on the University of Wisconsin-Superior campus being one of them.

Following the announcement that Crownhart, one of two upperclassman residence halls, will be closed to students during the spring 2020 semester, the Promethean staff interviewed UWS students for feedback.

The general consensus among students who currently live or intended to live in Crownhart was disappointment. Celia Mellang, a current resident in the residence hall, said, “I’m not really a huge fan of it personally. I know a lot of students

who can’t afford to live in Ross/Hawkes or they don’t have cars to drive [to campus] during the winter months.”

On the other hand, Linn Montavon, who is also a current resident in Crownhart, said, “I’m happy that the building is being renovated... [the renovations] have been needed for a while.”

However, Nicole Stewart is a current resident in Curran-McNeill and Ostrander (CMO) and had planned to live in Crownhart for the 2019-20 academic year. Stewart said, “I wanted to live [in Crownhart] because it is convenient living closer to campus. I wouldn’t have to worry about getting

a ride or being late for classes... Overall, I feel that I would find Crownhart more convenient to live in.”

The concern for limited living options next year also extends to graduating and non-campus students. Karli Keppers, a graduating student for the spring 2019 semester, said, “If present, I’d say that it’s good we’re getting money, but bad that the residents have no choice but be moved to Ross/Hawkes or CMO.” Kaiti Rigstad, an off-campus student, said, “I think it will make it harder to find affordable housing in the neighborhoods surrounding the university, [because] there will be more students looking to move.”

Overall, the concern for big changes is present in many students’ minds, but there is gratification that the short-term inconvenience will help UWS living long-term.



Crownhart Basement

Photo by Jean Germano

Movies and marine life in heart of UWS student

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Rachel Prost isn’t your ordinary student.

Growing up, Prost helped her father with his video rental store, where she gained an appreciation for movies. Prost said, “I watched a lot of movies from different genres and different film eras. After seeing so many films I wanted to make some of my own.”

Throughout high school, Prost made videos for every school project she could. Prost also has experience working as a crew member for her high school’s daily news broadcast. Thus, her passion for film and video prompted her to enroll at the University of Wisconsin-Superior.

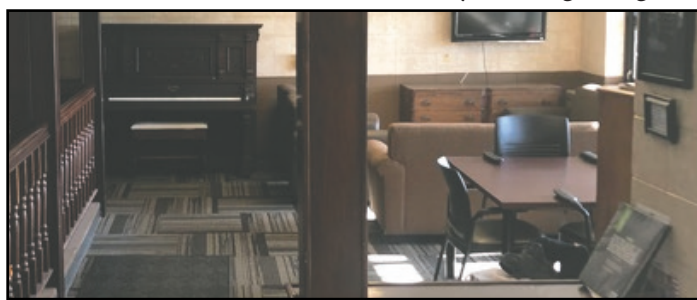
At UWS, Prost is a Media Communications major, which lets her to follow her dream to make movies. Currently, she works as a video equipment manager at Holden Fine & Applied Arts—a position typically given to juniors or seniors. She also works as a student web assistant to update and edit content on UWS’s website.

Prost is always willing to learn more in order to create better content. “It’s important to me to capture moments and reflect upon them. Everything may happen in nonlinear fashion, but I like to find how it all connects and turn that into something cohesive,” said Prost.

Moreover, not only is Prost passionate about film, she is also fascinated by marine life.

Prost loves all things cephalopod. During her trip to Washington, Prost visited the Seattle aquarium. “That’s where I saw a giant Pacific Reef Octopus, and I have been fascinated by cephalopods ever since.”

She hopes to combine her scuba diving license with her video production skills to create an underwater documentary. But, while Prost has accumulated a lot of knowledge during her first year at UWS, she knows she has a lot to learn. Based on the excitement about Prost’s endeavors, her first two semesters went swimmingly.



Crownhart First Floor Lobby

Photo by Jean Germano

Student Support Services etiquette dinner

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Through Student Support Services (SSS), students had the opportunity to learn etiquette for multiple course meals and being interviewed during a meal.

SSS is federally funded by the Department of Education. The program is designed to serve students who meet federal

family income guidelines, first generation college students, and/or have a documented disability.

The goal of SSS is to increase college retention and graduation rates of its participants, and facilitate the process of transition from one level of higher education to the next.

The SSS Etiquette Dinner event was held Thursday, March 14, 2019, 5:00 p.m. – 8:00 p.m. at the UWS Yellowjacket Union, room 204. For more information, email the Educational Success Center at support@uwsuper.edu or visit their office in Swenson Hall, room 1024.